

Great Northern 5K

9:30 a.m. 1 Mile Kids Sprint • 10:00 a.m. 5K Fun Run & Walk
May 8, 2010 • Meridian Rails to Trails • www.gn5k.com



*Detach this top portion and save as a reminder!

Registration Form

Name _____

Address _____

City, State _____

Zip _____

Phone _____

E-mail _____

Would you like to receive the Rails to Trails of NW Montana newsletter?

Yes No

Age on May 8, 2010 _____

Male Female

I, the undersigned, realize that running/walking in a local road race can be a potentially dangerous activity. I agree that I should not enter a run/walk race unless I am medically capable and properly trained. I assume all risks associated with participating in this event. I, for myself and anyone entitled to act on my behalf, waive and release the Rails to Trails of NW Montana and all sponsors from my participation in this event.

Signature _____

Date _____

Parent or Guardian (if under 18) _____

Date _____

5K Pre-Registration (postmarked **before April 30, 2010**)

All Ages: \$12.00

Family of Four (2 adults & 2 or more children): \$35.00

1 Mile Kids Sprint – NO RACE DAY REGISTRATION

(postmarked **before April 30, 2010**)

ONLY Ages 12 and under can register: \$8.00

5K Race Day – begins at 8:00 a.m. (t-shirt **not guaranteed**)

All Ages: \$15.00

Family of Four (2 adults & 2 or more children): \$45.00

T-Shirt - Please circle your size:

Adult S M L XL **Youth** S M L

Total Amount Enclosed _____

*Checks payable to Rails to Trails of NW Montana

Registration includes
race entry, race t-shirt,
and refreshments.

Mail registration
form and payment
by April 30, 2010 to:

Great Northern 5K
c/o Leanne Anderson
328 Buttercup Loop
Kalispell, MT 59901